

Scioto Valley Urology

Instructions for Bowel Preparation Prior to Surgery

Two days prior to your surgery:

- ◆ Begin an all-liquid diet. Any liquid is acceptable.
- ◆ Drink ½ bottle of **magnesium citrate** in the morning and ½ bottle in the evening

One day prior to your surgery:

- ◆ Begin a clear liquid diet. Clear liquids are those liquids that you can see through and have no particulate matter contained within.
- ◆ At 2:00 p.m. begin drinking **TriLyte (with flavor packs)** bowel preparation. Drink approximately one eight ounce glass every ten minutes until all solution is gone or your bowel movements are clear of stool.
- ◆ Take one gram of **Neomycin Sulfate** and one gram of **Erythromycin Base** by mouth at 1:00 p.m., 2:00 p.m., and at 10:00 p.m.
- ◆ Eat or drink nothing after midnight unless instructed by your physician to do otherwise.

If you have any questions regarding these instructions, please call (614) 222-3369.